Journal Information

- Manuscript Submission Site: https://mc.manuscriptcentral.com/breastfeedingmed
- Editorial Office Contact: kcloudhansen@liebertpub.com
- Support Contact: prosupport@liebertpub.com
- Journal Model: Hybrid (Open Access Option)
- Blinding: Single Blind
- File formatting requirement stage: Upon submission
- Instant Online Option (immediate publication of accepted version): No
- Submission Fee: None
- Average time to initial decision: 25 days

About the Journal

Breastfeeding Medicine is a peer-reviewed interdisciplinary journal that publishes original scientific articles, reviews, and clinical case studies covering the epidemiology and physical basis for the benefits of breastfeeding, the pathophysiologic basis for the health consequences of artificial feeding, the impact of breastfeeding and lactation on physical and psychological health, indications and contraindications, and the effects of drugs on breastfeeding, as well as the broad range of social, cultural, and economic issues. The peer review process is applied to all submissions.

Manuscript Types and Guidelines

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<th>Original Articles (including Clinical Research and Basic Science)</th>
<th>Review Articles</th>
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<td>Original Articles (including Clinical Research and Basic Science)- Original Articles are scientific reports of the findings of original basic science, clinical, or epidemiological research. Authors are encouraged to prepare their submissions in accordance with the CONSORT Guidelines.</td>
<td>Review articles are often solicited by the Editors of Breastfeeding Medicine, but unsolicited reviews will be considered. Authors of review articles are encouraged to prepare their submissions in accordance with the PRISMA Guidelines (<a href="http://www.prisma-statement.org">www.prisma-statement.org</a>). Please contact the Editorial Office prior to writing a review.</td>
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<td>- 3,500-word limit</td>
<td>- 8,000-word limit</td>
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<td>- Structured abstract of no more than 250 words</td>
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<td>- Maximum total of six (6) figures and/or tables</td>
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<td>- Maximum of 40 references</td>
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<td>Public Health and Policy</td>
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<td>Perspectives</td>
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<td>Brief Reports</td>
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<td>Case Reports</td>
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<td>Editorials</td>
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<td>Commentaries</td>
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<tr>
<td>Letters to the Editor</td>
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*Case Report articles describe one to several patients, or a public health case report, pilot interventions, or programs of interest.*

*Letters to the Editor provide a forum for readers to comment about articles published in recent issues of Breastfeeding Medicine. They also are a place to publish concise reports of unusual cases and pilot data from small studies. In the latter cases, there is a 750-word limit.*

*Word limits do NOT pertain to the abstract, disclosure statements, author contribution statements, funding information, acknowledgments, tables, figure legends, or references.*

**References**

*Breastfeeding Medicine* uses Mary Ann Liebert's *Vancouver* reference format. Templates are available in *Zotero* and through the CSL Style Repository. An *Endnote template* is also available.
Liebert Vancouver Style: Order of Citation

- Reference List: Prepared in sequential order as cited in text.
- In-text Citations: All references must be cited in text in numerical order, set in superscript Arabic numerals outside of any punctuation. Do not set reference numbers in parentheses or brackets. To cite several references at once, use commas to separate non-sequential citations and use dashes to separate sequential citations; do not include spaces. Ex: 3,7,12–15
- Journal titles should follow the abbreviation style of PubMed/Medline.
- Include among the references any articles that have been accepted but have not yet published; identify the name of publication and add "In Press." If the reference has been published online, provide the DOI number in place of the page range.

Style Examples for Reference List:

<table>
<thead>
<tr>
<th>Type of Reference</th>
<th>Punctuation and Order of Elements in Reference List</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personal communications</td>
<td>References that are unpublished (ie: personal communications, emails, letters) are not to be included in the reference list. Instead, insert &quot;Personal communication; [name], date&quot; parenthetically at the point of citation within text.</td>
</tr>
<tr>
<td>Using previously published images or tables as a reference</td>
<td>Reused/adapted images, tables, or any published material must be officially cited as a reference in the reference list, and the author(s) of the submitted work must obtain written permission from the copyright holder. Verbal approvals are not acceptable. Any fees associated with the reuse or adaptation of any material is the sole responsibility of the author(s).</td>
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PaperPal Preflight

The PaperPal Preflight service is available for this journal. PaperPal Preflight allows authors to check their Original Research manuscripts for common errors prior to submitting a manuscript for consideration. Please note that this does not guarantee that your paper will pass all submission or other checks, nor that it will be considered for review.

The checks are configured for Original Research manuscripts only and may not be applicable to other manuscript types. There may be additional requirements for submission. Please review the full instructions for authors for guidelines.

The basic service is free. PaperPal preflight offers an optional fee-based service that will provide a report showing tracked changes and potential modifications. Please note that if this service is used, a clean copy of the manuscript must be uploaded to the submission system.

There is no obligation to use either the free or paid service. No editorial, review, nor any other decisions will be dependent on its use.

All manuscripts must be submitted through the journal’s ScholarOne Manuscripts site.
General Manuscript Submission Guidelines and Policies for Mary Ann Liebert Journals

Last updated 8/11/2022 9:33:41 AM

Submission Preparation

All manuscripts must be prepared in accordance with the Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly Work in Medical Journals (icmje.org). Please consult your specific journal's requirements for additional information.

All Mary Ann Liebert, Inc. journals follow the standards, guidelines, and best practices set forth by the Committee on Publication Ethics (COPE; publicationethics.org), the International Committee of Journal Medical Editors (ICJME; www.icmje.org), the World Medical Association (WMA; www.wma.net), and the American Medical Association (www.ama-assn.org).

Mary Ann Liebert, Inc. recommends that submissions follow standard relevant reporting guidelines. Please consult The Equator Network for more information.

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There may be additional requirements for submission. Please review the full instructions for authors for guidelines.

The basic service is free. PaperPal preflight offers an optional fee-based service that will provide a report showing tracked changes and potential modifications. Please note that if this service is used, a clean copy of the manuscript must be uploaded to the submission system.

There is no obligation to use either the free or paid service. No editorial, review, nor any other decisions will be dependent on its use.

All manuscripts must be submitted through the journal’s ScholarOne Manuscripts site. Please refer to the individual journal's instructions for more information and to access the service.
Manuscript Formatting

Please check your journal’s requirements for file formatting. Many journals require formatting compliance only on revision; however, unless stated, the file formatting should comply with the following requirements on submission.

Manuscript Files

The main text file, figure legends, and tables should be prepared in Microsoft Word. Some journals may accept LaTex. Please consult your individual journal instructions for guidance.

File Naming

- All file names should be in English and contain only alphanumeric characters.
- Do not include spaces, symbols, special characters, dashes, dots, or underscores.
- Title each file with the type of content contained in the file (e.g., manuscript.doc, tables.doc, FigureLegends.doc, Fig1.tif, SupplementalData.pdf, etc.).

Figures

- Submission of high resolution .TIFF or .EPS figure files is preferred. Please upload as individual files.
- Cite figures consecutively in text within parentheses
- Images should not reveal the name of a patient or a manufacturer

Figure Legends

- A legend should be provided for each supplied figure.
- All legends should be numbered consecutively.
- Figure legends may be included at the end of the main text file or uploaded as a separate, double-spaced Word file.
- In each legend, provide explanations for any abbreviations or symbols that appear in the figure.
- If the figure is taken from a copyrighted publication, permission must be secured by the author(s) and supplied at the time of submission with appropriate credit listed in the legend. Permissions and associated fees are the responsibility of the author.

Tables

- Tables may be included after the references at the end of the main text file, or uploaded as a single, separate Word file. All tables should be editable.
- Provide a title for each supplied table.
- Cite tables sequentially in text within parentheses.
- Explain abbreviations used in the body of the table in footnotes using superscript letters, not symbols.
- If a table is taken from a copyrighted publication, permission must be secured by the author(s) and supplied at the time of submission with appropriate credit listed in the legend. Permissions and associated fees are the responsibility of the author.

Supplemental Files

- Supplemental files should be uploaded as individual files. Most text, photo, graphic, and video formats are
accepted. Ensure that patient identities are not revealed.

- Supplemental Information will not be copyedited or typeset; it will be posted online as supplied.
- For journals that publish accepted versions of papers prior to copyediting and typesetting, supplemental files will not be posted with the paper until after production has been completed.

Manuscript Structure

Specific journal requirements will vary, however the general order of elements in each manuscript should be

- Title page* with full manuscript title, all contributing authors’ names and affiliations, a short running title, a denotation of the corresponding author, and a list of 4-6 keywords/search terms,
- Abstract,
- Main text without embedded figures or tables and with appropriate section headings, if applicable. Most research papers should be organized as follows: Introduction, Materials and Methods, Results, Discussion, and Conclusions.
- Acknowledgments,
- Authorship confirmation/contribution statement (CRediT format is preferred)
- Author(s’) disclosure (Conflict of Interest) statement(s), even when not applicable,
- Funding statement, even when not applicable,
- References,
- Tables included in the text or as a separate document,
- Figure legends at the end of the main text or in a separate Word file,
- Figures uploaded as individual high-resolution files,
- Supplemental files uploaded as individual files.

*Double-blinded journals require a separate title page with the title, all contributing authors’ names and affiliations, a denotation of the corresponding author, author acknowledgements, disclosures, and related identifying information.

Your individual journal may require

- An Institutional Review Board (IRB) approval (or waiver) statement and statement of patient consent as a separate paragraph after the methods section,
- Other relevant ethics attestations (see icmje.org for further guidance),
- Data sharing statement,
- Specific abstract and content sections, depending on manuscript type,
- Word count limits, tables/figure limits, and reference format requirements.

Please note that paragraphs should be no longer than 15 lines once typeset.

Pre-Publication Policies
Funding

Upon manuscript submission, the submitting agent will have an opportunity to enter funding/grant information. If funding information is entered correctly, the publisher will deposit the funding acknowledgements from the article as part of the standard metadata to Funder Registry. The entered information should include funder names, funder IDs (if available), and associated grant numbers. Special care should be taken when entering this information to ensure total accuracy. Funding information must also be provided within the manuscript.

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Peer Review

All submissions are subject to peer review after initial editorial evaluation for suitability. A minimum of two reviews are required for most journals if the manuscript proceeds to the review stage. Final decisions on the manuscript are solely at the discretion of the Editor(s).

Exclusivity

Manuscripts should be submitted with the understanding that they have neither been published, nor are under consideration for publication elsewhere, in the same form or substantially similar form. Conference abstracts are excluded. If work was presented at a conference, supply the name, date, and location of the meeting as a footnote on the title page of the submission.

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If a third party is submitting the manuscript, the submitting agent designation must be used, with the identity of the submitting agent disclosed. We reserve the right to reject any manuscript that does not contain this disclosure. The authors are solely responsible for any manuscript submitted on their behalf.

Confidentiality

Editors and reviewers must maintain strict confidentiality of manuscripts during the peer-review process. Sharing a manuscript in whole or in part, outside the scope of what is necessary for assessment, is impermissible prior to an accepted manuscript's official publication date. Reviewers are not permitted to contact authors directly.

Sharing of Materials

Authors must honor any reasonable request for materials, methods, or data necessary to reproduce or validate the research findings during peer review unless it violates the privacy or confidentiality of human research subjects.

Conflicts of Interest by the Editor-in-Chief and/or Section Editors
The Editor-in-Chief and Associate Editors will recuse themselves from participating in the review process of any manuscript in which there is a potential or actual competing interest.

Plagiarism, Peer Review, and Publication Integrity

Mary Ann Liebert, Inc., is committed to maintaining the integrity of the peer-review process by upholding the highest standards for all published articles. All manuscripts are analyzed and evaluated for plagiarism, peer review integrity, and publication integrity. Manuscript screening may be applied at any point in the process, from submission through post-publication. Plagiarized manuscripts or manuscripts with evidence of publication, image, or peer review misconduct will be rejected immediately. If publication misconduct is identified, we reserve the right to rescind acceptance prior to publication.

Authorship

Authorship is defined by the International Committee of Medical Journal Editors in Roles & Responsibilities. Contributors who do not meet all criteria for authorship should not be listed as authors, but they should be acknowledged (with permission from the named parties) in the Acknowledgments section with a description of their contribution to the work.

ORCID IDs

All submitting authors are required to complete their submissions using an ORCID identifier.

Corresponding Authors

One author should be designated as the corresponding author who will be responsible for communication between the authors and the journal editorial office and publisher. This individual will be responsible for ensuring all authors submit copyright forms, coordinating and responding to page proofs, and managing any other necessary contact during the peer review and production processes.

The submission system permits only one author to be identified as the corresponding author of record. However, we recognize that some submissions call for more than one corresponding author to be noted. In such cases, select one author to be the main point of contact for all communications regarding the peer review process of the paper, and on the title page of the manuscript, designate additional co-corresponding authors by including an asterisk after the authors’ names in the byline. Include an accompanying footnote on the title page that reads, "Co-corresponding authors." Please ensure that the title page carries the full affiliation details and email address of any author who should be noted as a corresponding author. If the paper is accepted for publication, the full contact information for all designated co-authors will be listed at the end of the article as per usual journal style.

Authorship Confirmation/Contribution Statement

An authorship contribution statement must be included with the manuscript. We strongly recommend that the authorship contribution statement follow the CRediT Taxonomy guidelines. (https://credit.niso.org/)

- Conceptualization (Ideas; formulation or evolution of overarching research goals and aims.)
- Data curation (Management activities to annotate (produce metadata), scrub data and maintain research data (including software code, where it is necessary for interpreting the data itself) for initial use and later re-use.)
- Formal analysis (Application of statistical, mathematical, computational, or other formal techniques to analyze or synthesize study data.)
- Funding acquisition (Acquisition of the financial support for the project leading to this publication.)
- Investigation (Conducting a research and investigation process, specifically performing the experiments, or data/evidence collection.)
- Methodology (Development or design of methodology; creation of models.)
- Project administration (Management and coordination responsibility for the research activity planning and execution.)
- Resources (Provision of study materials, reagents, materials, patients, laboratory samples, animals, instrumentation, computing resources, or other analysis tools.)
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- Visualization (Preparation, creation and/or presentation of the published work, specifically visualization/data presentation.)
- Writing – original draft (Preparation, creation and/or presentation of the published work, specifically writing the initial draft (including substantive translation).)
- Writing – review & editing (Preparation, creation and/or presentation of the published work by those from the original research group, specifically critical review, commentary or revision – including pre- or post-publication stages.)

Example

Author 1: review and editing (equal). **Author 2**: Conceptualization (lead); writing – original draft (lead); formal analysis (lead); writing – review and editing (equal). **Author 3**: Software (lead); writing – review and editing (equal). **Author 4**: Methodology (lead); writing – review and editing (equal). **Author 5**: Conceptualization (supporting); Writing – original draft (supporting); Writing – review and editing (equal).

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- Written approval of all authors named on the manuscript, as well as any individual(s) being added to or removed from the author list must be provided. The Publisher can provide a form for this, if needed.
- Upon receipt of the request and all written approvals of all involved parties, the Editor-in-Chief will consider the request, render a decision, and notify the corresponding author.
- Post-publication changes or alterations to conference abstracts are prohibited.
- If authors are added or removed upon revision submission, without accompanying documentation of the request, the manuscript will be unsubmitted.

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Mary Ann Liebert, Inc. supports the implementation of name changes for reasons including (but not limited to) gender identity, changes to marital status, religious conversion, etc.

Please contact the Director of Production and Editorial to confidentially update your record. Identification or documentation is not required, apart from confirmation that the change is on behalf of yourself (requests cannot be made for other individuals).

Updates will be made to the online versions of the article, but without a formal correction notice and without coauthors being notified.

We recommend authors update ScholarOne and ORCID records with any name changes.

**Author Disclosure Statements**

Upon submission, authors are required to fully disclose any interests, funding or employment that may inappropriately influence or affect the integrity of the submission. Authors should disclose

- **Competing Interests.** A competing interest exists when an individual (or the individual's institution) has financial or personal relationships that may inappropriately influence his actions. These competing interests may be potential or actual, financial or other.
- **Personal Financial Interests.** Stocks or shares in a company that may gain or lose financially from publication of the article; consulting fees or other remuneration from an organization that may gain or lose financially from publication of the article; patents or patent applications that are owned by or licensed to companies/institutions that may gain or lose value from publication of the article.
- **Funding.** Research support by organizations that may gain or lose financially from publication of the article. This support includes salary, equipment, supplies, honoraria, reimbursement or prepayment for attending symposia, and other expenses.
- **Employment.** Recent (within the past 5 years), current, or anticipated employment by an organization that may gain or lose financially from publication of the article.
- **Other Competing Interests.** Any personal relationship which may inappropriately affect the integrity of the research reported (by an author) or the objectivity of the review of the manuscript (by a reviewer or Editor), for example, competition between investigators, previous disagreements between investigators, or bias in professional judgment.

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Authors should identify as their institution(s) the facility where the work was performed and executed. Changes in an author's affiliation after the work was completed, but prior to the submission or publication of the manuscript should be noted using a superscript asterisk in the author listing and a footnote on the title page indicating "Current Address" and listing the new affiliation. Corrections to affiliations or contact information due to relocation after publication is not permitted.

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When reporting research involving human data, authors must document the procedures followed in securing approvals from the responsible institutional and national review committee(s), along with confirmation that the research was completed in accordance with the *Declaration of Helsinki as revised in 2013*.

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If doubt exists whether the research was conducted in accordance with the Helsinki Declaration, the authors must explain the rationale for their approach and demonstrate that the institutional review body explicitly approved the doubtful aspects of the study. Approval by a responsible review committee does not preclude editors from forming their own judgment whether the conduct of the research was appropriate. Please see [https://www.icmje.org/icmje-recommendations.pdf](https://www.icmje.org/icmje-recommendations.pdf) for additional information.

The publisher requires a statement from authors in the Materials and Methods section to confirm that the appropriate ethical approval has been received, that appropriate processes have been followed, and the name of the committee.

Informed consent by patients/participants should always be secured. A statement confirming that informed patient/participant consent was obtained is required in the Materials and Methods section.

If the study is judged exempt from review, a statement from the committee is required in the Materials and Methods section, including, if applicable, documentation of institutionally approved waiver of informed consent.

**Ethics of Experimentation**

See the following resources for studies involving human fetuses, fetal tissue, embryos, and embryonic cells:

- NIH Grants Policy Statement
- National Conference of State Legislatures Embryonic and Fetal Research Laws

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**Human Subjects: Patient Consent and Release**

If applicable, it is incumbent upon the author(s) to obtain permission to reproduce any identifiable images of patients. Any identifying information should not be published in descriptions or photographs unless the information is essential for scientific purposes and the patient (or patients’ parent/guardian) gives written informed consent for publication. Informed consent for this purpose requires that an identifiable patient be shown the manuscript to be submitted. Authors should disclose to these patients whether any potential identifiable material might be available via the Internet as well as in print after publication. Nonessential identifying details should be omitted. Informed consent should be obtained if there is any doubt that anonymity cannot be maintained. For example, masking the eye region in photographs of patients is inadequate protection of anonymity. If identifying characteristics are de-identified, the manuscript should contain assurances/statements that such changes do not distort scientific meaning.
In keeping with patients' rights of privacy, the Journal does not require the submission of patient consent forms, but instead requires the author(s) to retain and archive all patient consent documentation. Upon submission of a manuscript for review, the authors must make a statement in the cover letter to the Editor/Journal which attests that they have received and archived written patient consent in addition to providing the requisite statement in the manuscript.

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We recommend, but do not require, the sharing and archiving of data and any other artifacts that define and support the results stated in a manuscript in a suitable public repository (in accordance with valid privacy, legal, and ethical guidelines). We recommend that a data availability statement be included in the manuscript in the Methods section or as a separate section at the end of the main text file. Describe the location of the data, details on how it can be accessed and any licensing information. If the data is not publicly available or accessible, that information should also be provided.

Datasets should be cited in the reference list.

Important: Please check with your funding agencies to ensure that you are following their data sharing policies. If your funding agency has additional requirements exceeding our policy, you must follow the requirements of your funder.

Update: New NIH policies for data management and sharing are in effect as of January 25, 2023. If your research has NIH funding, please refer to the guidelines for new requirements.

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- All peer-reviewed journals published by Mary Ann Liebert, Inc. are required to follow United States sanctioned countries laws and regulations. Under our mission as stated above, Liebert journal Editors reserve the right to consider academic contributions from researchers in every country around the world.
Liebert Journal Editors will handle any submission from a listed OFAC sanctioned country as they would a non-sanctioned country, ensuring the same level of rigorous peer review and suitability of the research subject matter. At present, the highest submitting sanctioned countries include, and are not limited to, submissions from Iran, Russia, Cuba, and Syria.

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In accordance with our internal policies, all submitted manuscripts must go through thorough rigorous, independent editorial peer review and adhere to all current and enforced Mary Ann Liebert, Inc., peer review processes, policies, and protocols.

Any accepted papers or content from the sanctioned countries must publish in greyscale. There is no negotiation of this rule. Authors or institutions from sanctioned countries should not be sent any invoices as financial transactions are not permitted.

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